

# DECISION QUALITY WORKSHEET

## TREATMENTS FOR KNEE OSTEOARTHRITIS

### Instructions

This survey has questions about what it is like for you to make decisions about treating your knee osteoarthritis.

Please check the box  or circle the number 2 to answer each item.

Your answers will tell us three important things:

1. What matters most to you?
2. How well are we doing our job of giving you information?
3. What do you talk about with your health care providers?

Thank you!

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### Section 1: What Matters Most to You

This set of questions includes some reasons people have given for choosing to have knee replacement surgery or not. We are interested in what is important to you.

**Please mark on a scale from 0 to 10, how important each of the following are to you as you are thinking about whether or not to have surgery.**

How important is it to you to . . .

	Not at all important										Extremely important	
<b>1.1.</b> relieve your knee pain?.....	0	1	2	3	4	5	6	7	8	9	10	
<b>1.2.</b> not be limited in what you can do because of your knee pain?.....	0	1	2	3	4	5	6	7	8	9	10	
<b>1.3.</b> <u>avoid</u> having knee surgery?.....	0	1	2	3	4	5	6	7	8	9	10	
<b>1.4.</b> <u>avoid</u> taking pain medicine for a long time?.....	0	1	2	3	4	5	6	7	8	9	10	
<b>1.5.</b> <u>avoid</u> a treatment with a long recovery time?.....	0	1	2	3	4	5	6	7	8	9	10	

**1.6.** Which treatment do you want to do to treat your knee osteoarthritis?

- Knee replacement surgery
- Non-surgical treatment options
- I am not sure

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## Section 2: Facts About Knee Osteoarthritis

**This set of questions asks about some facts doctors think are important for patients to know about knee osteoarthritis. The correct answer to each question is based on medical research. Please do your best to answer each question.**

**2.1.** Which treatment is most likely to provide relief from knee pain caused by osteoarthritis?

- Surgery
- Non-surgical treatments
- Both are about the same

**2.2.** If 100 people have knee replacement surgery, about how many will need to have the same knee replaced again in less than 15 years?

- More than half
- About half
- Less than half

**2.3.** If 100 people have knee replacement surgery, about how many will have less knee pain after the surgery?

- 20
- 40
- 60
- 80

**2.4.** Serious complications happen after knee replacement surgery including life-threatening blood clots, infections, heart attacks, and even death.

If 100 people have knee replacement surgery, about how many will have a serious complication within 3 months after surgery?

- 4
- 10
- 14
- 20

**2.5.** After knee replacement surgery, about how many months does it take most people to get back to doing their usual activities?

- Less than 2 months
- 2 to 6 months
- 7 to 12 months
- More than 12 months

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### Section 3. Talking with Health Care Providers

Please answer these questions about what happened when you talked with health care providers including doctors, nurses and other health care professionals about knee replacement surgery and other non-surgical treatments, such as exercise or medicine, for knee osteoarthritis.

**3.1.** Did any of your health care providers talk about knee replacement surgery as an option for you?

- Yes
- No

**3.2.** How much did you and your health care providers talk about the reasons to have knee replacement surgery?

- A lot
- Some
- A little
- Not at all

**3.3.** How much did you and your health care providers talk about the reasons not to have knee replacement surgery?

- A lot
- Some
- A little
- Not at all

**3.4.** Did any of your health care providers talk about non-surgical treatments as something that you should seriously consider?

- Yes
- No

**3.5.** Did any of your health care providers ask you whether you wanted to have knee replacement surgery or not?

- Yes
- No

The End.  
Thank you.

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