

DECISION QUALITY WORKSHEET BREAST RECONSTRUCTION

Instructions

This survey has questions about what it is like for you to make decisions about reconstruction for your early stage breast cancer.

Please check the box or circle the number **2** to answer each item.

Your answers will tell us three important things:

1. What matters most to you?
2. How well are we doing our job of giving you information?
3. What do you talk about with your health care providers?

Thank you!

Section 1: What Matters Most to You

This set of questions includes some reasons other women give for choosing reconstruction. We are interested in what is important to you.

Please mark on a scale from 0 to 10, how important each of the following are to you as you are thinking about your decision about reconstruction.

How important is it to you to.....

- | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|---|----|
| 1.1. have your chest look natural when <u>wearing</u> clothes? | | | | | | | | | | | |
| 1.2. have your chest look natural when <u>not</u> wearing clothes? | | | | | | | | | | | |
| 1.3. <u>avoid</u> using a removable breast prosthesis? | | | | | | | | | | | |
| 1.4. have as few scars as possible after mastectomy? | | | | | | | | | | | |
| 1.5. What do you want to do after having a mastectomy? | | | | | | | | | | | |
| <input type="checkbox"/> Not have any breast reconstruction surgery and not use a prosthesis | | | | | | | | | | | |
| <input type="checkbox"/> Use a removable prosthesis | | | | | | | | | | | |
| <input type="checkbox"/> Have breast reconstruction with an implant and/or a flap (TRAM, DIEP, or latissimus) | | | | | | | | | | | |
| <input type="checkbox"/> I am not sure | | | | | | | | | | | |

Section 2: Facts about Breast Reconstruction

This set of questions asks about some facts that doctors think are important for patients to know about the breast reconstruction. The correct answer to each question is based on medical research. Please do your best to answer each question.

2.1. After which type of breast reconstruction are women more satisfied with the look and feel of the reconstructed breast?

- Implants
- Flap procedures
- Both are about the same

2.2. Which breast reconstruction surgery is easier on the body, that is, heals faster?

- Implants are easier
- Flaps are easier
- Implants and flaps are equally easy

2.3. Out of every 100 women who have breast reconstruction surgery, about how many will have a major complication such as needing hospitalization or an unplanned procedure, within two years of the breast reconstruction?

- Fewer than 5
- 5-15
- 16-40
- More than 40

2.4. How does breast reconstruction affect future screening for breast cancer?

- Makes it harder to find cancer
- Makes it easier to find cancer
- Has little or no effect on finding cancer

2.5. For most women, which is more likely to require more than one surgery or procedure?

- Mastectomy without reconstruction
- Mastectomy with reconstruction
- They require the same number

Section 3: Talking With Health Care Providers

Please answer these questions about what happened when you talked with health care providers including doctors, nurses and other health care professionals about options for breast reconstruction after mastectomy.

3.1. Did any of your health care providers talk about having breast reconstruction surgery after mastectomy as an option for you?

- Yes
- No

3.2 How much did you and your health care providers talk about the reasons to have breast reconstruction surgery after mastectomy?

- A lot
- Some
- A little
- Not at all

3.3. How much did you and your health care providers talk about the reasons **not** to have breast reconstruction surgery?

- A lot
- Some
- A little
- Not at all

3.4. Did any of your health care providers ask whether or not you wanted to have breast reconstruction surgery after mastectomy?

- Yes
- No

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